

**ED TRONICK:**

THROUGH WINDOWS OF OPPORTUNITY  
- A NEUROAFFECTIVE APPROACH TO CHILD PSYCHOTHERAPY

This book is a very valuable practical application of my decades of developmental research on the psychobiological transformations of meaning from somatic processes in infancy to cortical processes in adolescence. Building on my work with my colleagues in the Boston Process Change Group, Hart and Bentzen focus on the micro-regulatory processes between parents and children and therapist and patients which generate transformation processes in psychotherapy. As we proposed in the Boston group, the authors see the therapeutic relationship itself as the single most powerful process in psychotherapy. This book begins to reveal that any therapist in every moment simultaneously operates at *I think of as* multiple psychobiological meaning making levels that can map onto the polymorphic meaning making of the child, such that new meanings and transformations are co-created. The neuroaffective compass model presented provides the clinician working with children and their families with directionality at these multiple levels.

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