

The Impact of Attachment

”Susan Hart has unified her brilliant and compelling command of both the objective scientific and the subjective psychotherapeutic aspects of attachment into a cutting-edge synthesis that she calls developmental neuroaffective psychology. In this book Hart makes the often-confusing science of attachment highly accessible to both practitioner and researcher. The book’s contents are well balanced with a refreshingly adequate portion dedicated to translating theory into principles for treatment.”

Babette Rothschild, MSW

Author of

The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment